

Guide to Duke and Durham

Participants will have some free time to explore the area and eat out. Durham has been recognized as a [food hub](#) and been called [the South's tastiest town](#), and even better it's also affordable! Here's a handful of what we recommend:

9th St (same street as the workshop)

[Francesca's Dessert Cafe](#) (Coffee, gelato and other great options)

[Market Street Coffeehouse](#) (Local coffee chain)

[Elmo's Diner](#) (Best breakfast diner in town)

[Dain's Place](#) (A pub with great burgers)

[Cosmic Cantina](#) (Good, inexpensive Mexican food; the perfect late-night dive)

[Sam's Quik Shop](#) (For the beer lover... technically on Erwin Rd, and they have beers on tap and for carry-out)

Bull City Market (across the street from East Campus)

[Vine Sushi & Thai](#) (Asian bistro)

[Mad Hatter's](#) (Great breakfast/lunch, also a bakery)

[Whole Foods](#) (Grocery and cafe)

Downtown (accessible by Bull City Connector)

[Monuts](#) (Amazing bagel sandwiches with new donut options everyday...highly recommended if you can afford to wait!)

[Motorco](#) (Bar with good, cheap food; outside seating; food trucks typically available as well)

[Bull City Burger & Brewery](#) (Best burgers in the Triangle)

[Pompieri Pizza](#) (Casual but great pizza)

Outdoors

[Duke Gardens](#) (Recognized as one of the premier public gardens in the United States)

[Al Buehler Cross Country Trail](#) (Run through Duke Forest, trail starts at the Washington Duke Inn parking lot)

East Campus trail (1.6 mile loop around Duke's East Campus)

Other

[Duke Lemur Center](#) (Home to the world's largest population of lemurs outside of Madagascar. If you're going to be around before or after the workshop, this is a must see! Tours can fill up several weeks ahead, so call early to book yours! Please note that getting there does require access to a vehicle.)

[Nasher Museum of Art at Duke University](#)

In addition to the places listed, there are a number of familiar locations near the workshop, including Bruegger's, Subway, Jimmy Johns, and Panera. A grocery market (Harris Teeter) is also located on 9th St and is home to a Starbucks. The [Bull City Connector](#) is a free bus system that has stops near the workshop and across from East Campus and will take you into downtown, where there are many great restaurants (~30 minute walk from the dorms). [Brighthead Square](#) (~15 min walk from the dorms) and the surrounding streets have a variety of other dining and shopping options. You can find any place on campus using the [Duke Maps](#).

Here's a map showing the relative locations of the AnthroTree Workshop, Bell Tower Residence Hall, and other places:

